



Dear «First Name»

In 2007 Manx Telecom with their partners SPORTident automated the timing for the Parish Walk and also added an innovative texting service for friends and family. Manx Telecom are doing this again for 2008 and also adding the facility to check out the race progress online via your PC or mobile phone.

FRIENDS AND FAMILY TEXTING SERVICE

This is free. All you have to do is visit www.parishwalk.com and follow the link **Update My Entry**. Just enter two mobile phone numbers and we will text them when you reach each parish church giving details of:

Name of Walker

Location Reached

Time at the Location

Everyone who used this service last year thought it was fantastic but you do need to give us your supporters' two mobile phone numbers and you can do this online until **21:00 on Friday 20th June**. If you don't have access to the internet you can do this at Event Registration but it saves us, and you, time if you do it beforehand. Some of you have already provided these numbers when you entered online.

FOLLOW THE RACE ONLINE VIA YOUR PC OR MOBILE PHONE

Manx Telecom and SPORTident have added a new facility for this year, which will allow race followers to see the progress of each walker, or the race, online via a computer or your mobile phone*.

Just type in www.mt.im/parishwalk - you can search by competitor name or number. This is what you will see on your mobile phone:

13 – Harry Robo

	Clock Time	Elapsed Time	Position
Santon Church (11.5 miles)	10:20:59	02"20:55	121 (1126)
Malew Church (15 miles)	11:10:57	03:19:53	113 (1110)
Arbory Church (17 miles)	11:36:17	03:36:13	107 (1084)
Rushen Church (19.5 miles)	12:10:40	04:10:36	108 (1075)
Updated Parish by Parish			

*Your phone needs to be capable of accessing the internet and set up to do this. If you need help, visit either of the Manx Telecom shops in Douglas and we will set your phone up or call us on 624624 (Option 1) and we will talk you through what you need to do.

Here's hoping for a fair weather day and good luck with your race.

Kind regards

Andy Bridson
Marketing Director, Manx Telecom

manxtelecomtiming

SPORT ident UK LTD

Sleagill Head Farm, SLEAGILL, PENRITH, Cumbria, CA10 3HD. Tel/FAX: (+44) (0)870 766 1792
Mobile: (+44) (0)7836 384853 EMAIL: martin.stone@sportident.co.uk Online Si-Card Sales: www.sportident.co.uk

We would like to introduce you to **SPORTident**, an electronic timing and scoring system used to support many event formats worldwide. It will be used at the Clerical Medical Parish Walk to record a time for all competitors as they arrive at each parish church.

At registration, each competitor will be allocated an **Si-Card** (electronic card) and a tamper-proof tyvek wristband. We will attach the card **LOOSELY** to your wrist using the wristband, with the tip of the card pointing towards your fingers. It's best to use the wrist that hasn't got a watchstrap on it. You will wear the Si-Card from the time you register until you complete the event. The wristbands are soft and gentle on the skin and you can shower or bathe while wearing the Si-Card.

A demonstration checkpoint will be present at registration which you can use to familiarise yourself with the punching process. You dip the tip of the card into a cylindrical hole in an electronic box at each parish church and at the Finish. You should see a visible flash and hear an audible beep. This confirms that the location and time of punching have been recorded on your Si Card. The process is very quick and there will be no congestion or delay at any of the checkpoints.



After you have finished, proceed (under no time pressure) to the download station where we will dip the card, cut it off your wrist and provide you with a printout showing the following information:

- List of checkpoints in order visited and time of punching
- Start, finish and elapse time

IF YOU LOSE OR BREAK YOUR SI-CARD, IT WILL UNFORTUNATELY BE NECESSARY TO MAKE A CHARGE TO COVER THE COST. IN THIS CASE IT MAY NOT ALWAYS BE POSSIBLE TO PROVIDE YOU WITH TIMES AT EACH PARISH CHURCH.

IF YOU RETIRE FROM THE EVENT, YOU OR YOUR SUPPORTERS MUST HAND IN YOUR SI-CARD AT THE NEXT PARISH CHURCH. THIS IS AN ESSENTIAL SAFETY REQUIREMENT OF THE PARISH WALK.

If you register but do not take part in the race, you must return your SPORTident card to an official at the Start/Finish or at a checkpoint.

THE PENALTY FOR NOT RETURNING YOUR SPORTident CARD IS £23 and you may not be allowed to participate in future events.



Organised by Manx Harriers

Clerical Medical Parish Walk 2008

You have entered the 2008 Parish Walk June 21/22.
Thank You!

We hope that the enclosed programme will whet your appetite.

The next step is to check-in at The Manx Harriers Club House at the NSC on Thursday June 19th or Friday June 20th from 5.30 p.m. to 8.30 p.m. Here you will pick up your race numbers, car number, timing wristband and free T-shirt with its unique design thanks to Steve Partington. Please ensure that you know your race number from the enclosed programme. Remember that the race starts **at the track, N.S.C, King George V Park, Douglas at 8.00 a.m.**

Please note that there will be no parking at the N.S.C. Track on Saturday. Please use the car park at Pulrose Road and do not leave your vehicle at the Sports Centre car park.

If you have to withdraw from the race before the start please inform the Secretary in advance: Liz Corran, Tel: **674566** or tell one of the checking-in officials.

If you are in doubt about your health please seek medical advice. The route for the Parish Walk will be marked but please familiarise yourself with the course. Copies of the route description are available from the website, www.parishwalk.com.

You must wear both numbers, front and back, above waist height and clearly visible at all times. Failure to do so will result in disqualification. You may wish to pin the numbers to a singlet or bib which can be worn above a variety of different tops. Be prepared to change your outer clothing during the race as weather conditions frequently vary throughout the race. Support vehicles restricted to one per competitor and support cars must display race numbers clearly. These numbers can be collected with the race numbers. There is advice for drivers on the reverse of these numbers. Please ensure that your support crew read this advice. This year we are using disposable numbers so you do not need to return them.

This year we have introduced time penalties for infringing the rules:

- 1st Infringement - 15 minutes
- 2nd Infringement - 45 minutes
- 3rd Infringement - Disqualification

Remember the rules apply to your support crew as well as you.

If you wish to continue past Peel you **must** have a support vehicle in attendance. You and your support team must wear a reflective bib. This rule is rigidly enforced. Bibs will be on sale at the check-in. When supplying drinks etc. attendants must walk behind you and not attempt to pace-make.

Closed roads: Drivers please find an alternative route

- The Cleaynagh Road
- The Orrisdale Road
- Derby Road, Peel

One-way roads: Drivers please use for parking

- The Glen Darragh Road
- The Oatlands Road
- The Old Castletown Road
- The Ballasalla to Ballabeg Road
- Church Road, Rushen
- The Sloc Road
- The Dalby Road

The following are **No Stopping Zones** and drivers are prohibited from parking and assistance to the walkers is prohibited. Failure to comply with this regulation may lead to disqualification.

- Peel Road from Braddan Bridge to Marown
- St Marks Road to the Cleaynagh Road junction
- Castletown Road from the Cleaynagh Road junction to the Oatlands Road junction and from the Old Castletown Road junction to the Orrisdale Road junction.
- St Marks Road from the Orrisdale Road junction to Ballasalla.

Drink stations and toilets will be available at:

- Marown
- Cleaynagh Road
- Santon
- Orrisdale
- Malew
- Rushen
- Bottom of Sloc
- Glen Maye

A full list of toilets available to walkers will be displayed at check-in at the Manx Harriers Club House. Please do not drop litter on the route and litter bins will be provided along the course.

The open race for men and ladies is over the complete 85 mile course.

The under 21 ladies race is to Peel this year (32.5 miles) and the under 21 mens race is also to Peel.

The overall team race and ladies team race will be based on four walkers results over the full course distance.

Please note the time limits for Santon 11.30 a.m., Rushen 1.35 p.m. and Peel 5.00 p.m. The time limits for all other churches are printed in your programme. Competitors arriving at these check points after these time limits may be excluded from the race at the discretion of the Race Referees. The time limits for the earlier churches are generous and should not trouble most of you.

If you retire at a check-in point then please hand your timing wristbands in to the marshals. If you stop en route then report to the next church. Failure to return your wristband will lead to exclusion from the results.

The timing wristbands are specially made for the Parish Walk and are expensive. Please return all wristbands and your co-operation in this matter is appreciated. We will have to invoice competitors for the loss of any unreturned timing wristbands.

Provisional results and analysis will be available at the prize presentation which will be at the **Villa Marina** in Douglas at 7.00 p.m. on **Tuesday 24th June**. Light refreshments will be available. All finishers will receive a finishing award and all walkers reaching Santon or further will be given a certificate stating their time taken and point reached. A Help Desk will be manned at the presentation to sort out any errors or omissions in the provisional results.

Please come to the presentation and bring your friends and family with you. Should you miss the prize giving your certificate will be posted to you. Full race details will be in the local press and on Manx Radio, 3FM and posted on our website www.parishwalk.com.

Remember the 8.00 a.m. start at the N.S.C. and please return your SI-Cards.

Prize Presentation Tuesday June 24th Villa Marina